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# Facebook fetched the role

*Shakti Kapoor's daughter Shraddha Kapoor, who made her debut in the blockbuster 'Teen Patti', will finally be known as herself now. Till now, she was recognized as being the daughter of the actor/comedian father Shakti Kapoor.*

*She played the character of Aparna Khanna, a quiet but determined young woman. As she's known by her gang – loses her innocence to a game of Teen Patti. Keen to succeed and make a name for her, she learns that the betrayals in a game are nothing compared to the betrayals in love. She talked exclusively with The Asian Outlook Magazine. Excerpts of an interview:*



Acting is in your blood so I guess it comes naturally to you.

Sort of. I had always wanted to act and this happened by chance. The producer Ambika Hinduja saw my picture on my Facebook through my brother. It happened that my brother and she were friends and knew each other. Ambika asked about me to my brother Sidhant who told her that I am his sister. Ambika asked him if he could ask me that I wanted to audition. My brother said he could fix a meeting with me and she could ask me directly. When I listened to the script, I fell in love with it and went for the auditions. There were thousands of people for the audition but I was lucky to get selected.

**Were your parents happy with your decision of joining films?**

Yes. My dad always knew that I was moving in that direction. So did my mother. My brother too would be joining in, perhaps later this year.

**How was it working with Amitabh and Ben?**

Oh! I definitely was overwhelmed by them and thoroughly enjoyed working with such huge stalwarts. I could not even fathom it was happening. Working with them was a memorable experience for me. In fact, the whole film is memorable for me. Amitabh is very jovial and is always making everyone laugh. He kept the atmosphere light with his jokes. I learnt a lot in his company and just by observing him. I remember this one scene, he was so kind he asked me, "Shraddha, would you like to do this scene from the top so that you get into the mood?" I thought that was thoughtful.





**Did you meet him for the first time?**

No, I first met him as a little girl at his Holi party. It was only on the first day of the shoot that I properly met him. I was nervous. But he came across as humble and approachable.

**Did you go to acting school?**

I did four years of theatre at the American school and for 'Teen Patti', I trained with Royston Abel, Ashley Lobo and Barry John and had script readings with Leena Yadav, the director.

**Growing up, you would have seen your Dad doing negative roles like molestation etc. How did that feel?**

Well, we all knew that it was totally fictitious and he had made us understand when we were kids. At school, kids used to ask me about



him and they came over and met my father, they would be amazed at how jovial and a nice person he is.

**Did you ever consider modelling as a second choice?**

Not really as I was keener on acting. But yes, if it comes to endorsing brands etc, I have no objections.

**Was there any part of the film that you were not comfortable with?**

No, there was nothing at all. It is a nice clean film.

**Do you have any more films lined up?**

Not yet. But I am looking into it. ●

## Ekta dragged to court

The Queen of Indian soap operas, Ekta Kapoor, has been dragged to the court by an actor from her own camp. Actor Pulkit Samrat, who played Lakshya in Balaji's longest running soap Kyunki Saas Bhi Kabhi Bahu Thi has filed a petition in the Bombay High Court against Balaji Telefilms Limited for non-payment of dues and also for a binding contract that restricted him from working with any other production house for three years. "I wanted to break the myth of the so-called Balaji contract that we wouldn't get work anywhere else. If you're talented, you will get work anywhere," said Pulkit Samrat. In an industry where production houses dictate the rules and where actors are often exploited for want of rights or regulations, this could be a welcome move. In fact a Mumbai tabloid jumped the gun to report that the Bombay High Court had ruled in favour of the actor

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# Trade in “Futures”



*A futures contract is a standardized contract to buy or sell a specified commodity of standardized quality at a certain date in the future and at a market-determined price (the futures price).*

**Jasbir Dondona**

**T**he contracts are traded on a futures exchange. Futures contracts are not “direct” securities like stocks, bonds, rights or warrants. They are still securities, however, though they are a type of derivative contract.

The price is determined by the instantaneous equilibrium between the forces of supply and demand among competing buy and sell orders on the exchange at the time of the purchase or sale of the contract.

Trading in Futures has important advantages over other investments:

Profit and loss depends on the speculator’s judgment. Faster and higher profits can be made in the futures market faster because futures prices on average tend to change quicker than real estate or stock prices. On the other hand, bad trading judgment in futures markets can result in greater losses.

The trader has to initially invest small fraction of the value of the underlying contract (usually 10%-15% and sometimes less) as margin, yet he take benefit by riding on the full value of the contract as it moves up and down. The actual value of the contract is only exchanged when delivery takes place. Moreover the commodity futures investor is not charged interest on the difference between the margin and the full contract value.

Two type of future trading – Currency and commodities  
Commodity Future trading:

**Hedgers** use futures for protection against adverse future price movements in the underlying cash commodity. The rationale of hedging is based upon the demonstrated tendency of cash prices and futures values to move in tandem.

If raw material price goes up then manufacturer has to pay more to buy the raw material. For protection against higher prices, the manufacturer can “hedge” his risk exposure by buying enough futures contracts of the raw product, to cover the amount he expects to buy.

Since cash and futures prices do tend to move in tandem, the futures position will profit if prices rise enough to offset cash losses.

**Speculators** These participants include independent floor traders and investors. Independent floor traders, also called “locals”, trade for their own accounts. Floor brokers handle trades for their personal clients or brokerage firms.

**Currency Futures trading:**

**Speculators: Take advantage of currency** appreciating or depreciating over a specified time frame. For example, if you expect banana prices to rise and impact Canada’s import bill, you would buy USDCAD with a view to CAD depreciating. Alternatively if you believed that strong exports FII flows will translate to CAD appreciation you would sell USDCAD.

**Hedgers:** Importers and exporters can hedge future payables and receivables. Borrowers can hedge Foreign Currency loans for interest or principal payments. ●

## Madhavan talks to TAOM

*Cont’d from page 17*

it are natural and totally different from what I have rehearsed to be. Working for ‘Teen Patti’ definitely was hard work compared to lots of others I have done.

**How was it working with Amitabh Bachchan for the first time?**

I was always a big fan of his and now I have become his devotee. He is a thorough professional and a gentleman.

**With these two roles, do you think you have reached the pinnacle of your career?**

Not really reached the pinnacle of my career. I have a long way to go but good scripts is what I look for which are hard to come by.

**Is the digit 3 lucky for you?**

I guess so, I hope so. First 13B, then ‘3 idiots’ and now ‘Teen Patti’. ●

## Black and Blue Sari.....

saviour somewhere who was helping her. She did not realize then but there is a force that kept pulling her out of the violent situations. The husband even takes her and the children to show a place where the kids would like to cremate her mother, after her death not realizing that it would be him who would be cremated at that very spot.” How? When?

She had ample opportunities in the more than eleven years of abuse to escape. But she does not. Why? Is this a true story? A life story? Can someone really live to tell that story? Does she finally escape? Alone or with the children? Who helps her?

This is a question that plagues the readers till the end. But yes, as a writer and a woman, I recommend every Indo-Canadian female, whether daughter, mother, daughter-in-law or mother-in-law, should read the book which

helps to identify the signs of problems and unhappiness in their dear ones’ home. The first sign

of an oncoming storm is when the girls parents or relatives are not welcome in the girl’s house, says Kamal. But there are more outlined in the book. I cannot stop writing about the story as there is so much I haven’t written. You have to read the book to get to the bottom of it and to find out if it is a real or a reel story. To order the book online go to [www.blackandbluesari.com](http://www.blackandbluesari.com) and gift it to your near and dear ones. You never know, it might be a true story. ●





## Maha Bheda Mudra (The Great Separating Attitude)

Jay Bains

### Fundamental Position & Process:

Assume long-sit position. Now assume 'Utthan Padasana' keeping the back straight. Relax the whole body and take a deep breath in. While exhaling lean forward and clasp the right big toe with both hands. Retain the breath outside and perform Jalandhara, Uddiyana, and Moola Bandhas. Rotate the awareness from throat to the abdomen, to the perineum in a smooth flow. Rotate the awareness in this manner for as long as is comfortable, retaining the breath outside. Now, gradually release Moola Bandhas, Uddiyana, and Jalandhara. When the head is fully raised, breathe in and return to the upright position. This is one complete round. Practice the same with left leg folded.

**Time to Practice:** Early morning is the best time when the stomach is completely empty.

**Benefits:** Maha Bheda has a profound influence at a 'pranic' level. It induces concentration of mind and meditation. Maha Bheda supplements and follows 'maha



mudra'; together they supercharge the whole body-mind complex.

**Contra-indications:** This practice should only be performed under the guidance of an expert. It raises the energy very fast, and can precipitate symptoms of hyperactivity if preliminary preparation is not thorough. ●

## Young addicts higher risk of mental illness

Young people who use marijuana (cannabis) are at increased risk of suffering hallucinations, delusions or other reality-distorting "psychoses." And the more time that's passed since first use, the higher the risk. The findings from a study by Dr. John McGrath, of the Queensland Centre for Mental Health Research in Wacol, Australia, and colleagues confirm previous smaller studies that have suggested that pot smoking may be linked to mental illness. The study, appearing in the Archives of General Psychiatry, involved roughly 3,800 people born in Brisbane between 1981 and 1984, who were followed up at age 5, 14 and 21 years. When they were 20 years old on average, researchers asked them about marijuana use and assessed their mental health. About 18 percent of the group said they smoked marijuana for three or fewer years, 16 percent admitted smoking pot for four to five years and 14 percent for six or more years. A total of 65 participants had been formally diagnosed with a psychotic disorder such as schizophrenia, and 233 had hallucinated at least once. ●

## The Soldier

Travelling a million miles he came,  
far far away, unable to handle the shame.

He broke many hearts, took many souls,  
afraid of everything he stole.  
They trusted him with their lives,  
but did not expect him to rape their wives.

He was a soldier fighting for their country's gleam,  
and then he shattered their dream.  
Regretting his actions, he ran away  
far far away, unable to handle the shame.

By: Mehak S. Batra & Tabita Verma

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